

Just for today, I will not worry.

Just for today, I will not be  
angry.

Just for today, I honor my  
parents, teachers, and  
elders.

Just for today, I will earn  
my work honestly.

Just for today, I show  
gratitude to everything.



*“For achieving my teachings, training and improving physically and spiritually and walking in a right path as a human being, first we have to heal our spirit. Secondly we have to keep our body healthy. If our spirit is healthy and conformed to the truth, body will get healthy naturally. Usui Reiki Ryoho’s missions are to lead peaceful and happy life, heal others and improve happiness of others and ourselves.” - Dr. Mikao Usui*

It is my passion to help as many people as possible in becoming more aware of their own spirituality and the Universe as a whole. If you or someone you know would like me to come to your area with any of my Workshops, please contact me via phone (508-369-9967) or e-mail (maggieanderson7@yahoo.com) me anytime and I will respond within 24 hours. I look forward to hearing from you! :)



Services, Classes, & Certifications

**Reik Attunements:**

Reiki I	Reiki II	Reiki IIIa
\$150	\$250	\$350

(Reiki Master/Teacher IIIb - \$500)

**Magnified Healing:**

Master Teacher	\$175
Celebration 2 <sup>nd</sup> Phase	\$150

**Classes I Offer:**

Divine Embrace	\$111
Fit to Light	\$35
Aura & Chakras	\$35
Intro to Tarot	\$35
Manifesting Parties!!	\$40
Charon System (4 hrs.)	\$100

**Services:**

Reading Sessions	\$100/hr.
Energy Healing	\$70/hr.

To find out more, please contact me! You can, also, view my services and calendar online at my Web Site: <http://SpiritualCompassConnection.com>

Please also see **Firefly Designs** Web solutions at [FireflyWebDesigns.com](http://FireflyWebDesigns.com) for our Web Services!

**Maggie Anderson**  
Cumberland, RI 02864  
(508) 369-9967

[maggieanderson7@yahoo.com](mailto:maggieanderson7@yahoo.com)  
[SpiritualCompassConnection.com](http://SpiritualCompassConnection.com)  
[FireflyWebDesigns.com](http://FireflyWebDesigns.com)



What is Reiki?

It is my passion to inspire you to follow your passion!

**Maggie Anderson**  
Magnified Healing &  
Reiki Master Teacher  
Cumberland, RI 02864  
(508) 369-9967  
[MaggieAnderson7@yahoo.com](mailto:MaggieAnderson7@yahoo.com)  
[SpiritualCompassConnection.com](http://SpiritualCompassConnection.com)  
[FireflyWebDesigns.com](http://FireflyWebDesigns.com)

## WHAT IS REIKI?

Reiki (pronounced ray-key) is a Japanese word meaning "*Universal Life-Force-Energy*". The word "Rei" mean universal. The word "Ki" is the same word as Chi or Qi in Chinese, Prana in Sanskrit and Ti or Ki in Hawaiian. Ki is life energy. Reiki is a system for channeling that energy to someone for the purpose of healing. It was discovered by Dr. Usui in the late 1800's, a teacher in Japan. To reiterate Reiki is not of any religious or belief system. It is a natural way of sending energy healing. You do not have to believe in Reiki to receive the healing treatment, just be open to it.

Energy Healing involves direct application of *Chi* for the purpose of strengthening the clients energy system (chakra's, meridians and aura--see below). Chi is the term used by the Chinese mystics and martial artists for the underlying force the Universe.

Reiki is very easily learned, very simple to use, and beneficial for all. It is one of many forms of healing through the use of the natural forces.

Reiki healing is very simply performed. The practitioner places his or her hands upon the person to be healed with the intent for healing to occur, and the energy begins flowing. The Reiki energy is smart. The energy knows where to go, and what to do once it gets there. The energy

manages its own flow to and within the recipient. It draws through the healer, from the Universal Life Force, exactly that amount of energy which the recipient needs. All this happens without direct conscious intervention by the healer. The healers job is to get out of the way, to keep the healing space open, and to watch/listen/feel for signs of what to do next. Reiki will heal for the persons' *Highest and Best, Good* either Physically, Mentally, Emotionally and/or Spiritually.

## WHAT IS REIKI TO ME?

Reiki is energy healing. What I feel occurs is, we as the reiki practitioner align with the Universal Life Force energy and act as a conduit for this energy to pass through to the person(s) we are healing. This energy enters the recipient and goes to where the recipient needs it most for their highest and best, good. If there is a physical ailment, it's more than possible that the immediate need for reiki is on the emotional, mental or spiritual plane. The reiki will go here first in order to heal the situation that first caused the physical pain, since all physical pains are first manifested from our minds, thoughts, emotions and soul. If we do not first heal on these levels, a physical ailment will usually manifest to get your attention. If we can start to be aware of our bodies and minds, thoughts and desires in the

NOW then we can heal much quicker these issues before a physical manifestation occurs.

When being attuned to Reiki you are raising your vibrations to a higher rate. As you raise your vibrations, lower more negative energies will naturally and sometimes forcefully fall away. Situations will present themselves to you in the form of lessons that you can either take action from or ignore. If you choose to ignore, it will become more insistent and more intense in its lesson for you. Taking action once you are aware of the issue, is recommended for you to progress at a nice pace. You will start to notice your attitude, thoughts and habits naturally progressing to a more positive way of living.

