



Classes & Services

It is my passion to inspire you
to follow your passion!



Maggie Anderson, CSC & CPLC

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Divine Embrace™:

Sacred Activation Ceremony for awakening the Divine Within. Assisting you with embracing the Divine Feminine. We each have a Divine Spark within us. Embracing the divine within you causes transformations that change you forever. It is beautiful and powerful. Learn common Ascension symptoms. Learn how to empower yourself with conscious awareness of your surroundings and what you create in every moment! Take part in the Sacred Activation Ceremony for awakening the Divine within you. Incorporate breath, movement, visuals, sound, touch and spiritual energies for an integrated connection. Learn energy healing and take part in a wonderful Healing circle. 3-4 hours \$111

Connecting to Your Angels:

Yes, we all have Angels who love and guide us! Learn how to connect to your Angels. Be in their presence consciously and receive more daily guidance. Learn how to call upon your Angels & ArchAngels. Clearly receive messages from your angels and guides. Which will keep you centered in peacefulness throughout the day, and will help you remember that your angels are always beside you, ready to assist you with every area of your life. Each of your days will be filled with blessings, miracles, and joy! \$44

Space Clearing for Your Home and Office!

Space and Clutter Clearing is like modern day alchemy

When you begin to clear out any clutter in the environment around you, it can have a powerful corresponding effect on the mental clutter inside you. Even a small amount of clutter clearing can have remarkable results. Learn how to space clear your home or office. Learn about the Feng Shui principals to guide you on your path to feeling and being clean and clear physically, mentally, emotionally and spiritually. \$35

Fit to Light – You can manifest the physical body you desire!

Believe! Your Soul is hungry, not your body, to find something real. Tell your body that you are in control again and achieve the many goals you desire! Shed the pounds easily and learn from your mind and heart how easy it truly is and how good you feel right now! Learn how to manifest the body you desire in combination with extra tools to reach desired results. Gain the tools & support in releasing those extra pounds while incorporating Spirit to manifest the body you desire. Meditations, tips and much more. \$35

Soul (Seed) Mapping: What is Soul (Seed) Mapping?

Learn how to map your desires and received inspired results. This is a fun workshop where materials are provided for you to manifest a desired outcome. Then I will lead you on a journey into your creation to receive more messages that will guide you on your path. Whether it's to bring in more prosperity, sell your home, solidify your womanhood, etc., this is a sure-fire way to receive Power results. \$35



Soul Coaching:

Come "Your Soul Loves the Truth" As your Soul Coach I create a safe space within which you can listen to the inner messages from your soul. Through Soul Coaching you will discover your authentic self, and begin to realize the meaning of your life.

What is Soul Coaching?

Soul Coaching is a remarkable pathway that allows you to "hear" the yearnings of your soul. It is a program designed for anyone seeking phenomenal spiritual cleansing, renewal and transformation. The aim of Soul Coaching is to align one's inner spiritual life with their outer life. It is a system that helps to clear away mental, emotional and physical clutter so you can hear the secret messages from your soul. It also helps you discover your true purpose so you can design a life that supports that purpose. Soul Coaching goes beyond the boundaries of ordinary life coaching which focuses on the attainment of goals. It is also not a type of emotional therapy. Soul Coaching is a guided inward journey to the deepest wellspring of being able to touch the sacred space within.

As your certified Soul Coach I know that you are naturally intuitive and resourceful, and I understand that each of you already have all the answers you need. It is my job to create a safe nurturing space for my clients to discover their own knowledge while we listen with our heart as well as our ears.

In Soul Coaching sessions:

- Learn how to dissolve limitations
- Learn how to create mystic templates for the future
- How to create a Vision Seed Map
- Learn about the alchemy of clutter clearing
- Discover power-affirmations (and why usual affirmations often don't work)
- Major shifts easily and with a lot of fun and joy
- Feel reborn and awakened
- Re-program your feelings and thinking processes, therein empowering you to step up and be proactive without fear of judgment
- Love, acceptance, truth, celebration, wisdom, tradition, cutting edge, expansion, confidence, and more LOVE!
- Experience Soul Journey's! Feel bliss and relaxation of the Soul Journey. As your certified Soul Coach, I will lovingly guide you on an interactive, meditative journey to create your own safe place in nature. Here, in this intuitive realm of inner truth, long sought after answers arise easily and effortlessly. In this sacred place, you'll meet and commune with your Guides, Angels, Past Self, Future Self, Nature, and Power Animals.
- Enjoy a variety of exercises to assist your Soul's Truth in blooming before your very eyes

You can sign up for a series of individual sessions (such as 8 or 10 sessions) or alternatively, you can come as you feel is needed. \$95/hr. Contact me to sign up or for more info.

28-Day Soul Coaching Program:

Discover Your Authentic Self. Anyone can do it! In the 28-day Soul Coaching Program we will meet once per week for 6-weeks while you go through the daily program.

Week 1: Days 1-7 are devoted to the element of Air and is associated with mental clearing.

Week 2: Days 8-14 are devoted to the element of Water and is associated with emotional clearing.

Week 3: Days 15-21 are devoted to the element of Fire and are associated with clearing the shadow to connect with your spiritual self.

Week 4: Days 22-28 are devoted to the element of Earth and is associated with clearing physical aspects of your life.

Program Materials Provided:

- The 28-day Manual
- Task-related Resources
- Project Lists

I can work with you in:

Groups: I will take groups at a time through a 28-day detoxification program. There is power in numbers. A synergy of energy occurs to create powerful transformation. An email group will be set up so you can stay in contact with each other during your 28-days and as long as you would like. \$300 for full 28-day program that includes 6 meetings (meet once a week for six weeks) and yahoo e-group set-up.

Online: Not everyone has the time or geographical advantage to be able to attend a group program, so online Soul Coaching is perfect for these people. With online Soul Coaching you have the advantage of going through life changes while in the comfort of your own home. This can be done one-on-one or with a group. For groups online, an email group will be set up so you can stay in contact with each other during your 28-days and as long as you would like. \$175 for full 28-day program that includes 6 meetings (meet once a week online or by teleconference for six weeks) and yahoo e-group set-up. (Recordings will be set up and accessible anytime, if there are people who cannot join in on the actual weekly discussion.)

One-on-One: I work with clients on an individual basis. We can go through the 28-day Soul Coaching program together either in person or online. We will meet once a week for six weeks, as you go through this program daily. Alternatively, you can sign up for a series of individual Soul Coaching sessions (such as 8 or 10 sessions) or you can come as you feel is needed.

Create your own Spirit Wand - *What is a Spirit/Power Wand?*

Learn how to create a Power Wand, Spirit Wand or Wand that signifies you. This is a fun workshop where materials are provided for you. Creating your personal Spirit Wand is a journey into yourself and what makes you who you are. The act of creating is a meditation in itself. Truly transformational. I will lead you on a journey into your creation to receive more messages that will guide you on your path. \$35

Space Clearing for a Peaceful Home or Office (Service) – During a space clearing I will use the years of skills I have developed to clear your home of unwanted or stagnant energies and entities. Reiki and Sound frequencies will be infused in your home for a clearer freer home.

I will leave you with tips and tools you can use on your own to keep your home free of energies that can build up over time or even with just one unsettling event. Call me if you are feeling uneasy in your home or just know it's time to clean and cleanse your home. A space clearing is recommended at least once a month. You can think of it as cleaning your home. Do a clearing at least as often as you will go through and thoroughly clean your home.

It's also recommended to do a space clearing after a negative event or emotional upset, as well as if you are having a gathering in your home. You can clear out these energies that if left alone will just build up and leave remnants of unease. These stagnant energies can attract more stagnant energies of like vibration, so you will want to regularly cleanse your home to only attract that which you desire. \$70/hr.

Magnified Healing Master Teacher: You will receive a teaching Manual, Flower Essence for daily use, Guide CD & Certificate Come enjoy and learn from Kwan Yin, an amazing Ascended Master, Goddess of Compassion, how to heal yourself and those you love from past traumas and energy blocks. How to heal in person or at a distance, how to magnify the energy in your hands one thousand-fold and how to send healing to the earth. This isn't energy you channel through your body. You become Magnified Healing so that you radiate this healing energy everywhere you go. After this class you will be certified as a Magnified Healing Master Teacher and will be able to teach others if you are guided. For more about this healing method you can go to magnifiedhealing.com. 7-hours (1 hr. lunch) \$175

Reiki I: Receive your Usui Reiki Level I attunement. Included in the class is your attunement to the Reiki I level, Reiki I manual, meditations, and instructions for hands on healing. After this class you will be able to heal yourself as well as others (friends, family & pets too). \$150

Reiki II: Receive your Usui Reiki Level II attunement. Included in the class is your attunement to the Reiki II level, Reiki II manual, meditations, and instructions. Reiki II offers an enhancement in energies from your Reiki I level attunement, as well as a long distance symbol that enables you to heal others no matter where they are located. \$250

Reiki IIIa/Master: Receive your Usui Reiki Level IIIa Master attunement. Included in the class is your attunement to the Reiki IIIa Master level, Reiki IIIa Master manual, meditations, and instructions. \$350

Reiki IIIb/Master-Teacher: Receive your Usui Reiki Level IIIa Master attunement and Master/Teacher instruction. Included in the class is your attunement to the Reiki IIIa Master level, Reiki IIIa Master manual with IIIb Teacher instruction, meditations, and instructions for yourself as well as learn how to attune others. \$500

Soul Journey's - "*Your Soul Knows the Truth*" As your Soul Coach I create a safe space within which you can listen to the inner messages from your soul. By utilizing specific techniques I will safely lead you in to meet your **Soul Guide, Power Animal, Animal Companion**, or into **Past or Future lives**. \$95/hr.

What will I gain from a Soul Journey?

- Journey to meet your Soul Guide and receive timely messages. Ask any questions you might have of your guide.
- Feel bliss and relaxation of the Soul Journey. As your certified Soul Coach, I will lovingly guide you on an interactive, meditative journey to create your own safe place in nature. Here, in this intuitive realm of inner truth, long sought after answers arise easily and effortlessly. In this sacred place, you'll meet and commune with your Guides, Angels, Past Self, Future Self, Nature, and Power Animals.

Energy Healing Sessions - an Integrated Energy Healing Approach that combines Reiki, Magnified Healing, Akamai, and Divine Embrace. During a Session you may receive a Bell Clearing as well as Divine Guidance. Each Session is Unique. You will receive exactly what is Divine for you in each Session. As you receive for your highest and best, good, you will get in touch with your Soul. Maggie is the channel for you to open up to who you've always been. To open up to your full Power. To Awaken. \$60/hr. or \$30 per ½ hr.



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Maggie's passion resides in offering a variety of Spiritual classes locally and online. She offers Soul Coaching, Angel and Energy Sessions all while helping the individual find & follow their truest passion. Giving you the tools that help *you* get and stay inspired. The power is within us. Trained in numerous Healing arts. Maggie's desire is to work with individuals in increasing their Divine connection during these Ascension times, and thereby increasing peace, harmony & flow. Maggie offers a variety of classes

including: Connecting to Your Angels, Divine Embrace, Space Clearing for a Peaceful Home, 28-day Soul Coaching Program, Fit to Light (manifesting the body you desire through the Law of Attraction), Kundalini & Ascension and more. Maggie's writings have been published in a variety of publications. She resides in Cumberland, RI. More information can be found at www.SpiritualCompassConnection.com.